

Lunch Menu

Toasted Sandwich

choice of ham, cheese, to mato, onion & brown or white bread

€4.25

Toasted BLT

floured white bap with back bacon, lettuce, tomato and mayo

€5.95

Deli Club Sandwich

toasted triple decker filled with roast chicken/turkey, lettuce, tomato, grilled cheese, bacon & mayo €6.95

Toasted Panini

panini bread stuffed with cheddar cheese, spring onion & a choice of chicken/ham/tuna/turkey

€5.95

Open Sandwich

Liz's brown bread topped with meat or fish and your choice of salad

€5.25

Toasted Wrap

 $tortilla\ wrap\ stuffed\ with\ cheddar\ cheese,\ red\ onion\ \&\ your\ choice\ of\ chicken/ham/tuna/bacon$

€4.95

Pesto Chicken Panini

toasted panini filled with roast chicken, red onion, melted mozzarella cheese & our homemade pesto

€6.95

Sweet Chilli Ciabatta

open ciabatta topped with sweet chilli sauce, roast chicken, melted mozzarella cheese & homemade basil pesto

€6.95

Large Salad Plate

lettuce, tomato, spring onion, choice of 5 additional salads, choice of 1 meat/fish & homemade brown bread

€6.95

Small Salad Plate

lettuce, tomato, spring onion, choice of 3 additional salads, choice of 1 meat/fish & homemade brown bread

€4.25

Quiche Of The Day

served with fresh homemade salad

€6.50

Homemade Sausage Roll

served warm with tomato relish & your choice of 3 salads

€4.75

SAUSAGE ROLL BY ITSELF €2.25

Tuna Melt

Toasted homemade brown bread topped with tuna mayo, melted cheddar cheese & served with Prince Bar coleslaw

€5.95

ADD CHIPS TO ANY SANDWICH FOR €2.00 EXTRA